



ASN UPENDO VILLAGE

TITLE: ASN UPENDO VILLAGE

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Executive Summary

ASN Upendo Village began the year with the belief and determination to continue providing the much needed services to the people infected and affected by HIV and AIDS in Naivasha Sub-County. This report therefore, covers the activities that were carried out during the months of January and February 2015.

We had an increase in the number of sponsored children bringing the total number of pupils and students to 193. Among the highlights in the income generating activities department is that: beneficiaries of dairy goat received goats; other clients received the small chicks for rearing; home visits were made to different clients and the department managed to organize for a refresher training courses to 160 members of different support groups.

The dispensary continued providing preventive as well as curative services to both our clients as well as the wider general public. The social services department was able to provide psycho-social support to the support group members and the grandmothers taking care of orphans and vulnerable children.

The pages that follow provide in-depth the various activities that were carried out by the ASN Upendo Village team in the different departments during the months of January and February 2015. We would like to most sincerely thank all our supporters because it is as a result of their selfless giving that the lives of people infected and affected by HIV and AIDS in Naivasha has been greatly transformed.

EXECUTIVE SUMMARY	i
EDUCATION DEPARTMENT.....	1
INCOME GENERATING ACTIVITIES.....	2
Dairy Goats.....	2
Chicken.....	3
Home visits.....	4
Refresher courses	4
Water plant project (Fountain Valley Packaged Drinking Water)	4
THE MEDICAL DEPARTMENT REPORT.....	5
SOCIAL WELFARE DEPARTMENT.....	7
Support groups	7
Enrollment	8
Home visits.....	8
Donations.....	9
Grandmothers project	10
PMTCT Project.....	10

EDUCATION DEPARTMENT

The New Year, 2015 began smoothly for the department with most of the sponsored pupils/students reporting back to their respective institutions of learning on time. The primary and the Kindergarten pupils reported back to school on 5th of January. Those in high school and college/universities reported back on 6th and 7th January respectively. The department in conjunction with the management ensured prompt payment of their school fees to facilitate their timely return to school. The CUSP scholarship program sponsored six new students at the secondary level during the month of February.

The month of February was a hectic one for the department as it went on to ensure that all class eight graduates who had qualified to join high school were facilitated adequately to join their new schools. This year a total of sixteen students joined different high schools within the country. Ten of these were formally under the sponsorship program. As a result the total number of high school students under the sponsorship program now stands at 78 from 61 last year. The number of students who graduated from high school last year after sitting for the National exams was 15.



Newly sponsored Form 1 students with their parents/guardians, Education department staff & Sr. Agnes

However, their results for the National exam are expected to be out on 3rd of March this year. Those who will perform well are expected to join college/universities within the year either for diploma or technical courses. Currently we have 18 active students at college/university level. The sponsorship program is presently having a total of 193 pupils and students. The table below shows the gender distribution of pupils and students under the sponsorship program.

Type of institution	Boys	Girls	Total
Nursery School	0	1	1
Primary School	45	51	96
Secondary School	30	33	63
Polytechnic/College/University	11	7	18
Secondary School Leavers	7	8	15
TOTAL	93	100	193

Table 1: Gender distribution of sponsored students at ASN Upendo Village

Income Generating Activities

During the months under review the following activities took place.

Dairy Goats

A dairy goat that had been sold by a client was recovered. One goat gave birth to a male kid and the family is milking one liter of milk on daily basis. Six clients and one grandmother benefited with the dairy goats.



Left: Group Photo of clients receiving Dairy goat from Sr. Florence and IGAs coordinator Stephanina Kuria. Right: Sr. Florence giving a dairy goat to client

Chicken

Thirty three clients and one grandmother benefited with each getting a pair of chicks. The chicks were bought from our clients who had benefited from the chicks given earlier on.



Left: A group photo during chicken distribution Right: Sr. Agnes handing over a chicken to one of the beneficiaries

Home visits

Ten families were visited and the team from Upendo Village was impressed with what the clients were doing. Majority of them were preparing their gardens in readiness of the rain seasons.



Left: IGAs coordinator Stephanina Kuria demonstrating a dairy goat to one of the beneficiaries.
Right: Dairy goat beneficiary posing for a photo with Stephanina during a home visit

Refresher courses

160 members of different support group were trained on basic agricultural practices as well as selection of the proper seedling for planting. The beneficiaries were evenly represented as follows: Karai support group 79 clients; town support group 47 clients; and Upendo Village grandmother support group 34 members.

Water plant project (Fountain Valley Packaged Drinking Water)

Fountain Valley Water project has really improved since its commencement, during the time under review, the marketing team managed to enter and penetrate in to new markets around Naivasha district. In addition, the administration has been able to assign a permanent staff to the water production house for convenience in water production.



Fountain Valley water team at the water production house packaging, labelling and sealing the mineral water.

THE MEDICAL DEPARTMENT REPORT

The dispensary has continued offering services to our clients, the community around and the public in general. The diagram below represents the number of clients that benefitted from our services in the month of January and February.

OUTPATIENT GENERAL CASES

CADRE	1 ST ATTENDANCE	2 ND ATTENDANCE	TOTAL
MALE	137	158	655
FEMALE	195	138	333
<5 YEARS	35	64	99
TOTAL	367	360	1,087

Maternal and child health		Child welfare clinic	
New cases	0	Re-attendance	17
Re-Attendance	5	New cases	8
Total No.	5	Total No.	25

HIV/AIDS enrolments

In care Enrollments	17 Patients
VCT testing	17 Patients

ADDITIONAL SERVICES

Laboratory tests done	265
Cervical cancer screening	2
Physiotherapy	2

TOP TEN INSTITUTION DISEASES

1. Upper respiratory tract infection(URTI)
2. Tonsillitis
3. Gastroenteritis
4. Pneumonia
5. Fungal infections
6. Typhoid fever
7. Arthritis
8. Septicemia
9. Candidiasis
10. Urinary tract infection(UTI)

Social welfare department

Support groups

One of the objectives of the social department is to enhance prevention of HIV/AIDS and good nutrition to both the infected and affected people. This is done during monthly support group meetings and home visits. During the months under review, Peter Njogu (nurse Upendo village) took the clients through the updates of HIV care 2014 – 2015. He told them that clients with less than 500 CD4 count should be started on ART. This is to improve and promote quality health. He also mentioned currently the use of viral load test instead of CD4 count is being used to assess progress of people on ART. However, CD4 count still remains as the eligibility criteria of test on initiation of ART. He announced to them that Upendo village has started to issue Septrin and multivitamins and in March the ARVs will be dispensed from the dispensary. This was good news to our clients who live around Naivasha as this will reduce transport cost of travelling to other facilities.



Left: Peter, the nurse (standing) facilitating to support group members during their meeting. Right: Clients and upendo staff unloading cereals from a pick up.

Enrollment

We enrolled new clients in January and February; most of the clients were referred by health facilities around Naivasha town and our clients from different groups. The table below shows the new clients enrolled.

	January	February	cumulative
HIV positive men	0	1	710
HIV positive women	10	9	2046
HIV positive children	0	0	288
House hold members	5	7	221
OVCs	19	34	5768

Home visits

We managed to make home visits to some of our clients. It was during these visits that we identified the needy clients who could benefit from our programs. We also visited the 6 families of the 2014 class 8 candidates who had performed well and got sponsorship with Upendo village to join form one. Sr. Juliana visited the Naivasha maximum prison, had mass with them and gave them rosaries. They were so impressed by the kind gesture.



Left: Sr. Juliana assisting a bed ridden client during home visit. Right: Brigid taking a grandmas history



Left: The priest and Sr. Juliana giving inmates holy communion. Right: Sister giving out rosaries

Donations

On 28th January we were privileged to receive visitors from Nairobi “Healthy to Humanity” who donated second hand shoes, and a total of 38 children received the shoes with gratitude.



Left: Staff and a visitor from Health 2 Humanity donating shoes . Right: Sr. Juliana and some of the recipients of shoes.

Grandmothers project

Monthly grandmothers meetings are great venues for them as they engage and support each other to cope with life challenges. It is also give a chance for them to give and share wisdom and experiences they face in caring for the OVCs of which some of them are HIV positive. We felt the need to share with them some of home basic nursing skills and how to take precautions as they care for the HIV positive children at home. We advised them on:

- Use of gloves when dressing wounds or cuts.
- Ensure that patients take medication as directed by the doctor
- Demonstrated on how to take care of bed ridden patients
- Hygiene when handling patients, this includes feeding, bathing, taking care of beddings, mouth care etc.

PMTCT Project

During the month of January and February 2015, we enrolled three babies on formula milk respectively. We also enrolled five expectant mothers on the same program.

We are still giving out the Infacare formula milk to the bed ridden and HIV positive children. The expiry date of the formula milk will be in April and we intend to give out all the tins before the end of March 2014. The beneficiaries are grateful to Upendo Village since the formula milk has played an important role in the health of the children.

Success story of Infacare formula milk

Ian Muturi is five years old, he is the son of Mary Njeri. He is the second born in a family of three children and he is HIV positive. Mary too is HIV positive and an active member of Town support group. We came to know her in 2012 when she tested positive for HIV.

In December 2014, Ian weighed 9 kilograms and was too weak. He had T.B. and anemia, he also had difficulties feeding. In December 2014 when we received the infacare donation, we enrolled Ian and other HIV positive children who had health complications on Infacare formula milk. Currently Ian weighs 15 kilograms, thanks to Her Excellence the First Lady of the Republic of Kenya, who took the initiative; “Beyond **Zero**” Campaign aimed at eradicating preventable maternal and child mortality in Kenya.



Left: Ian with his mother receiving clothes from Sr. Juliana. Right: Ian at the table during a PMTCT meeting.



Left: Brigid giving clothing to PMTCT client Right: Brigid distributing Infacare milk to PMTCT Mothers